



# Montclair Royale

9685 Monte Vista Avenue • Montclair, CA 91763 • (909) 621-3545 • RCFE#366426092

## Montclair Royale Staff

Executive Director	Sue Pyle
Administrative Assistant	Alyssa Rae
Care Coordinator, LVN	Araceli Soto
Marketing Manager	Debra Stewart
Lead Receptionist	Desirae Gomer
Medication Supervisor	Dorris Moore
Activities Director	Susie Wilbur
Transportation Coordinator	Leslie Chrisman
Head Chef	Maylorie Reyes
Housekeeping Supervisor	Patricia Guardado
Maintenance	Danilo "Danny" Tubig



## Resident Birthdays

9/3	Willie Mae Mosley
9/5	Diana Williamson
9/6	Shirley Williamson
9/6	Lucille Spears
9/8	Estelvina Quezada
9/13	Adele Aleman
9/14	Betty Brake
9/15	Rita Kochis
9/17	Bertha Paradis
9/21	Mary Curry
9/23	Pearl Hall
9/23	Shari Hogan
9/26	Wilma Pray
9/26	Mary Showalter
9/28	Nellie Giba

## Employee Birthdays

9/3	Jonathan Aguilar
9/13	Victor Sanabria

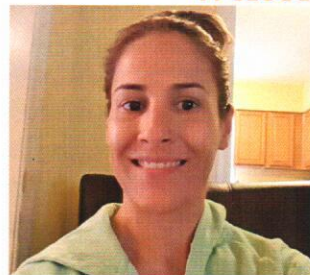
## September 2016



adventure this year.

Hello, Everyone! I hope everybody had an amazing summer and that everyone had the opportunity to enjoy their vacations and spend time with their loved ones. As we move into September, I'm quickly reminded that for many, it's "back-to-school days." Hope everyone is ready for their new

## Welcome Back, Araceli!



the team!

Araceli is a Licensed Vocational Nurse with experience in assisted living and memory care. We here at Montclair Royale take pride in having a leader like Araceli to help strengthen our team. She will be communicating with doctors, our family members and most importantly our residents one-on-one to help ensure that all of our residents receive the best care possible.

Araceli's determination and compassion in her work has been something we have always admired about her. She plans to further her education and become a registered nurse.

On behalf of Montclair Royale, I would like to introduce our new Care Coordinator, Araceli Soto! For those who don't know, Araceli is one of our previous Care Coordinators and we are SO pleased to welcome her back to

## The Supreme Law of the Land

The U.S. Constitution, which assigns powers to the branches of government and protects the basic rights of citizens, was approved and signed on Sept. 17, 1787. Celebrate Constitution Day with some historical trivia:

In May 1787, 55 delegates from 12 states attended the Constitutional Convention in Philadelphia to revise the Articles of Confederation, America's first constitution that had been ratified in 1781.

The delegates, known today as the framers of the Constitution, met in the same building where the Declaration of Independence was adopted and signed—the Pennsylvania State House, now called Independence Hall.

George Washington was unanimously elected president of the convention.

At 81, Benjamin Franklin was the oldest delegate.

Pennsylvania delegate Gouverneur Morris is said to have written most of the document's text, including the famous "We the people" preamble.



## Resident of the Month



Alda Mendoza

Montclair Royale would like to honor Alda Mendoza as Resident of the Month for September 2016.

Alda has been with the Montclair Royale family for almost a year now and we're glad she's with us.

She was born on February 7, 1954, in Recife, Brazil. She has four siblings (Andrea, Catarina, Ricardo and Bartolomeu) who gave her the nickname Dinah. She has shared with us that her favorite family tradition is the three kings of Christmas.

Alda started her journey in the United States when she came to Illinois as a foreign exchange student. Before settling in California, Alda lived in Missouri.

Alda's dream was to become an OBGYN in her native country but instead life had other great plans in store for her, and she chose to begin a career in nursing. She became a Nurse Practitioner, specializing in women's health. Alda has worked at countless hospitals in Palm Desert and even Kaiser in Fontana. Her forte was L&D, which is Labor and Delivery. She has shared with us that one of her greatest joys in her career was being able to help deliver so many children into the world.

If you know Alda, you know she's a natural-born caretaker and helping others in need is one of her passions.

She has been very blessed with her two children. Ricardo, Alda's son, lives in Los Angeles, and her daughter, Inez, lives in Georgia. Alda is also a VERY proud grandma of two boys.

We take pride in knowing that Montclair Royale has been honored to have residents like Alda who dedicated their lives to care for and always show compassion through all that they do in life.

Alda has touched all of our hearts and we would like to share a quote that she shared with us. Thank you for being you and for inspiring us all to be the best versions of ourselves!

*"Everything you do, do it with your heart, and that will be your best"* —Alda Mendoza

## Team Member of the Month



Maria Faguada

Maria's dedication and commitment to caring for all around her is what has made her one of our most valued team members. We would like to also thank Maria for being one of our most dependable employees as she is one of our go-to team members who is always willing to help in any situation before being asked.

One of the greatest characteristics about Maria is her smile and positive energy. Maria's fun-loving attitude helps lighten the mood around the community and really brings us all closer as a team!

**Thank you for all that you do!**

This month, Montclair Royale would like to show our appreciation for one of our star caregivers, Maria Faguada! Maria has been with our team for almost a year now and has truly showed her love and commitment to all of our residents and her team members. Maria has brought much joy to our Memory Care unit where she has worked to become one of our strongest caregivers. Maria's hard work and dedication to our residents is shown in all that she does.

She is a proud mom and role model to her children. She enjoys knowing she makes a difference in her children's lives on a daily basis.

### Welcome Aboard, Danny!



For those who don't know Danilo, or "Danny," comes to us from close to home. Danny is the sibling of our previously beloved maintenance supervisor, Ernie. We are pleased and beyond thankful to welcome you to our Montclair Royale team! Danny will be working closely with German as part of his team, who we are also grateful for. These two gentlemen combined make an amazing team with their great personalities and goal of helping others.

### Wit & Wisdom

"Education is the key to unlock the golden door of freedom."  
—George Washington Carver

"I believe that education, therefore, is a process of living and not a preparation for future living."  
—John Dewey

"An investment in knowledge pays the best interest."  
—American proverb

"Develop a passion for learning. If you do, you will never cease to grow."  
—Anthony J. D'Angelo

"All I want is an education, and I am afraid of no one."  
—Malala Yousafzai

"The mind is not a vessel that needs filling, but wood that needs igniting."  
—Plutarch

"Education is the movement from darkness to light."  
—Allan Bloom

"The function of education is to teach one to think intensively and to think critically. Intelligence plus character—that is the goal of true education."  
—Martin Luther King Jr.

"The whole purpose of education is to turn mirrors into windows."  
—Sydney J. Harris



**Domino's "THINKERS" Strategy**  
Jump in and play games with your friends and neighbors. Every day we have Domino's, Pokeno, Bingo, Cards and board games. Check with Susie for the perfect game for you.



Mary working with beads.



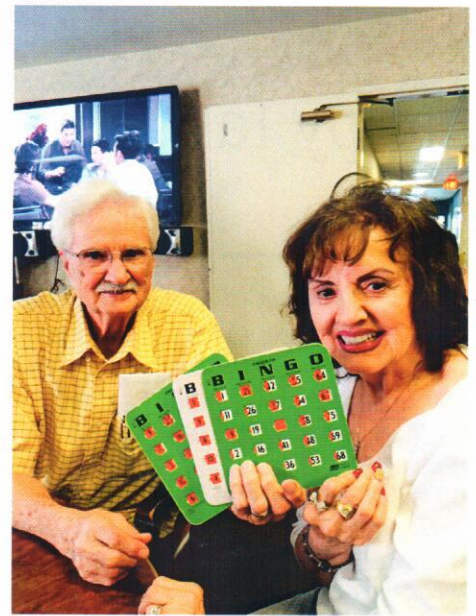
**Lunch Bunch at Vince's**  
Join us on Wednesday at 11:30 for a trip to your favorite restaurant and a shopping spree.



**Fr. Gus and Catholic Services**

We offer services for your preference. Bible Study every Thursday morning (Memory Care) and every Saturday in the Activity room.

Calvary Chapel unites with us on the second and fourth Mondays of the month at 6:00 pm in the living room. And Catholic services every Wed.



**Winners at Bingo!**  
Every day is BINGO day. Join in on the fun and meet your neighbors.

## **Memory Care Neighborhood**



Loveleen and Joyce



Donna and Sylvia enjoying Bingo.

We offer a variety of games for your pleasure. Come out and join us.



Pat and Darryl Dancing



Larry and Ursula getting their groove on.



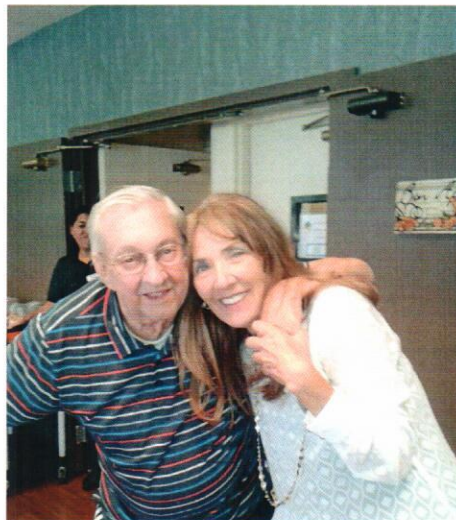
Susie with Happy Hour

## What's Cooking

### Peanut Butter & Banana Smoothie

3 frz bananas  
 1/2 c. peanut butter (smooth or chunky)  
 1 1/2 c milk or ( soy milk)  
 1/2 c. 2% Greek yogurt  
 1 tsp honey  
 1/2 tsp salt  
 1 tablespoon chopped roasted peanuts (optional)

Throw a few chopped up bananas into a blender cup along with the peanut butter, milk, yogurt, honey and salt. No need to be too fussy about it. Blend until smooth. Top each with a teaspoon of chopped peanuts or fresh strawberries, etc., and add a paper straw. Enjoy!



Sue and Larry enjoying the Birthday Party

### Remember Me?

President Ronald Reagan described him as "larger than life," and many consider him one of the gridiron's greatest coaches. Here are some highlights from the life of Paul "Bear" Bryant.

- He was born the 11th of 12 children on Sept. 11, 1913, in the tiny Arkansas hamlet of Moro Bottom.
- He earned the nickname "Bear" as a teenager, when he accepted a dare to wrestle a bear.
- Bryant was a star football player in high school and received a scholarship to play for the University of Alabama.
- He enlisted in the U.S. Navy following the attack on Pearl Harbor.
- After the war, he served as head coach at Maryland, Kentucky and Texas A&M.
- In 1958, Bryant returned to coach at his alma mater. He said it was like "your mama calling you to dinner."
- During the 1960s and '70s, the Crimson Tide dominated college football, with Bryant pacing the sidelines, wearing his trademark houndstooth fedora.
- The coach retired in 1982 with a then-record of 323 victories. He led Alabama to six national championship titles.

# Montclair



# Royale

INDEPENDENT & ASSISTED LIVING  
COMMUNITY WITH MEMORY CARE

## *\$1,000 Rent Credit*

*Wouldn't it be great to have your friends or family live at Montclair Royale? As a current resident, when you refer a friend to move in our Community, you maybe eligible to receive a \$1,000 rent credit 30 days after successful move in.*

*Terms and Conditions do apply.*

*Please inquire before your friend or family move in.*

## Word Search

Today's Category: Measurements of Time, Length, Area & Volume

E	D	R	E	T	E	M	C	U	H	W	M
R	C	D	R	D	M	T	O	O	F	E	X
C	C	A	G	P	I	D	D	O	G	E	C
A	U	E	I	G	L	B	R	G	S	K	G
Q	S	N	N	H	E	T	R	A	E	Y	H
F	T	I	S	T	N	S	G	X	C	S	M
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L	B	H	C	A	A	H	Y	U	D	F	T
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- Word Search Solution:
- Acre
  - Century
  - Day
  - Foot
  - Fortnight
  - Furlong
  - Gallon
  - Hour
  - Inch
  - Liter
  - Meter
  - Mile
  - Minute
  - Month
  - Pint
  - Quart
  - Second
  - Week
  - Yard
  - Year

